

Bay Area Meeting Minutes

Sunday, August 2, 2026 | 4-5pm | Virtual Meeting

draft

OPENING

Tony opened the virtual BA meeting at 4:05pm with the Serenity Prayer. The 2nd Tradition and 2nd Concept of the month were read.

ROLL CALL: 8 attendees: 7 voting

KEY: *dual role *non-voting (NV)

Tarpon Springs GSR, Anna	BA ALT-ASR, Marguerite BA	*BA ASR, Lit Rep, Tampa Contact, Tony
Crystal Beach GSR, Maureen	BA Treasurer, Rae	*BA Secretary & Guidelines Chair, Theresa
Tarpon Springs, Suparna (NV)	BA Outreach Chair, Donna	

MINUTES

Donna motioned, seconded by Marguerite to accept the draft May 3rd BA Minutes. Motion opened for discussion; with no changes. **Motion to accept the minutes as written carried unanimously.**

OFFICER REPORTS

- **Secretary** - Tony asked Theresa to send out the FL Region newsletter to the Bay Area. Theresa will do this with the inclusion of the August 2nd BA draft minutes.

- **Treasurer**

Rae, BA Treasurer, reviewed with the members the Bay Area Income and Expense Tracker 2026. The report is attached. 2 changes were made for transactions report: 7/22 - donation description changed from Cathy Z to Tampa Group #127-049 and the transaction on 7/15, "(Kevin)?" was removed from the transaction description.

The Bay Area has a bank balance of \$2745.94. Set aside includes: \$600 Prudent Reserve, \$150 Outreach Reserve and \$228.24 Non-7th Tradition Reserve; totaling \$978.24. Tony will have a large literature order in August for somewhere around \$500. The amount available for donation to the FL Region is \$1267.94. **Donna motioned, seconded by Marguerite, to donate \$1267.94 to the Florida Region. Motion carried unanimously.**

COMMITTEE REPORTS

- **Guidelines** - no report

- **Literature Rep**

Tony will order another case of SESH books and other literature. in August totaling about \$500.

BA July 30th Inventory: (90) LG Blue Booklets, (20) SM Blue Booklets, (10) Newcomer Pamphlets, (7) SESH, (5) Nar-Anon 36 Workbooks, (5) Our Traditions Booklet, (1) Nar-Anon Secretary's Book

- **Outreach**

Donna has several volunteers to help with our table at the Recovery Walk, Sept 19th @ Sims Park, NPR. Volunteers will need to be at the event by 8am. NOPE will be in October for Hillsborough and Pasco counties.

OLD BUSINESS

- **ECC8**

Donna said the event was successful and thanked Suparna, Anna and Maureen for their help at the convention.

- **BA POTLUCK FALL EVENT:**

- a) **DATE, TIME & PLACE:** Saturday, Oct 24th from 12-3pm (Setup @ 10:30); Central Church of Christ, Fellowship Building, Social Hall, 1454 Belleair Rd, Clearwater. Event is open to the FL Region
- b) **EVENT COMMITTEE:** Tony, Marguerite and Maureen
- c) **TOPIC** - Event Committee will select speakers and topics. **FORMAT:** Speakers will read a topic (selected by the Event Committee) using NFG Serenity Connection or Pamphlets, then share on the topic, followed by open sharing.

- d) **TIMELINE:** 12pm arrivals; 12:30 eat; 12:45 the 1st topic/speaker followed by a short break and then the 2nd topic/speaker.
- e) **EVENT FLYER:** Suparna volunteered (accepted) to create the flyer. Theresa will send Suparna sample flyers for the event. The flyer should have no color background for printing reasons. The flyer will include a QR code for donations directly to the Bay Area. Wording will include "RSVP would be appreciated."
- f) **SHARING THE EVENT:** Theresa will send the flyer & info to the FL Region Officers and the Website Chair to be included in the next FL Region Newsletter and the FL Region Event Webpage.
- g) **SUPPLIES NEEDED/VOLUNTEERED:**
 - Reimbursement (with receipt) will be paid using the Non-7th Tradition funds.
 - Sandy will provide vinyl tablecloths.
 - Tony will bring ham, coolers, ice, plates, cups, and utensils.
 - Theresa will bring 2 cases of water and box of individual size variety chips.
- h) **PASSING THE BASKET:** The basket will be passed; the donations will be used to fund/perpetuate non-7th Tradition funds for future BA events.

NEW BUSINESS

OPEN AGENDA

- Theresa will add Suparna to the Bay Area email list for BA meetings & other notifications.

ADJOURNMENT

The next BAM is Sunday, November 1st at 4pm via ZOOM. The meeting ended at 4:56pm.

Submitted by
Theresa, BA Secretary
draft

TRANSACTIONS

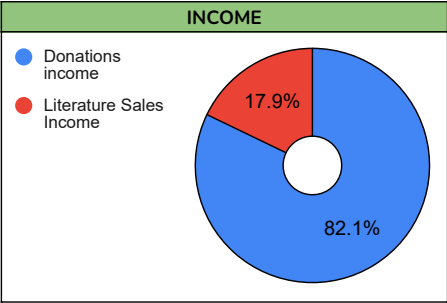
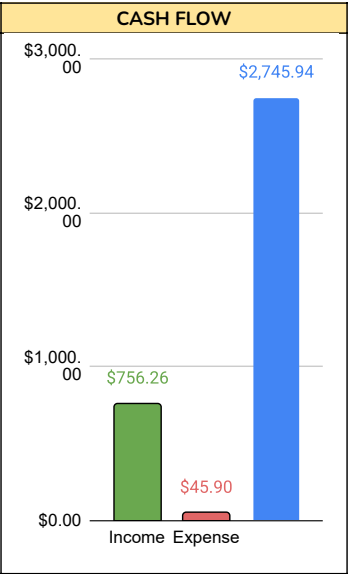
DATE	TYPE	CATEGORY	AMOUNT	DESCRIPTION
1/1/2026	Income	Balance Forward	\$1,112.72	balance forward
1/5/2026	Income	Donations income	\$50.00	Spring Hill Group #127-085
1/13/26	Income	Donations income	\$129.75	Clearwater Group #127-005 - Money order
1/19/26	Expense	Outreach Expense	\$70.25	Reimburse Outreach chair for Nar-Anon Banner
1/20/26	Expense	Literature Purchased	\$16.20	Purchase Literature -NFG STORE- Debit card
1/20/26	Expense	Literature Shipping	\$4.90	Literature shipping - NFG STORE- Debit card
1/27/26	Income	Donations income	\$100.00	Zelle -Lutz Group #127-025
2/2/26	Income	Donations income	\$150.00	Clearwater Group #127-005- Money order
2/6/26	Expense	Donations to FL Region	\$322.88	Zelle Payment to FL Region
2/11/26	Income	Literature Sales Income	\$37.80	Literature for Clearwater Group #127-005
2/16/26	Expense	Literature Purchased	\$31.00	Purchase Literature - NFG STORE- Debit card
2/16/26	Expense	Literature Shipping	\$11.10	Literature shipping - NFG STORE- Debit card
2/25/26	Income	Literature Sales Income	\$171.50	Literature for Tarpon Springs Group # 127-052
3/2/26	Income	Donations income	\$100.00	Clearwater Group #127-005 - Money order
3/3/26	Income	Donations income	\$100.00	Zelle - Lutz Group #127-025
3/15/26	Income	Donations income	\$75.00	Crystal Beach Group #127-010
3/15/26	Income	Donations income	\$112.50	New Port Richey - Group #127-130
3/24/26	Income	Literature Purchased	\$43.00	Crystal Beach Group #127-010
4/7/26	Income	Literature Sales Income	\$9.00	Literature for Oldsmar Group #127-034
4/13/26	Expense	General Expense	\$169.90	Zoom
4/28/26	Income	Literature Sales Income	\$115.00	Literature for Crystal Beach Group #127-010
5/3/26	Income	Literature Sales Income	\$77.75	Literature for Crystal Beach Group #127-010
5/3/26	Income	Donations income	\$146.00	Clearwater Group #127-005 - Money order

5/4/26	Expense	Donations to FL Region	\$701.80	Zelle Payment to FL Region
5/11/26	Income	Donations income	\$50.00	St. Pete Group #127-046
5/11/26	Income	Literature Sales Income	\$112.00	St. Pete Group #127-046
5/11/26	Income	Donations income	\$340.00	Tampa Group #127-046
5/11/26	Income	Literature Sales Income	\$60.00	Tampa Group #127-046
5/12/26	Expense	Literature Purchased	\$209.00	Purchase Literature - NFG STORE - Debit Card
5/12/26	Expense	Literature Shipping	\$58.41	Literature Shipping - NFG STORE - Debit Card
5/22/26	Expense	General Expense	\$50.00	Reimburse Outreach chair for tent
5/26/26	Income	Donations income	\$100.00	New Port Richey Group #127-130
6/8/26	Income	Literature Sales Income	\$17.00	Zelle Mary J. [REDACTED] - Literature sales ECC8
6/8/26	Income	Literature Sales Income	\$22.00	Zelle Julia B. [REDACTED] - Literature sales ECC8
6/8/26	Income	Literature Sales Income	\$241.00	Literature sales at ECC8 convention
6/9/26	Income	Donations income	\$75.00	Crystal Beach Group #127-010
6/16/26	Income	Donations income	\$150.00	Zelle -Lutz Group #127-025
6/25/26	Income	Donations income	\$40.00	New Port Richey Group #127-130
7/8/26	Expense	Literature Purchased	\$34.00	Purchase Literature - NFG STORE - Debit Card
7/8/26	Expense	Literature Shipping	\$11.90	Literature Shipping - NFG STORE - Debit Card
7/10/26	Income	Donations income	\$121.26	Clearwater Group #127-005 - Money Order
7/10/26	Income	Donations income	\$50.00	Spring Hill Group #127-085 - Personal Check
7/15/26	Income	Donations income	\$100.00	Zelle - Tarpon Springs Group - #127-052 (Kevin) ?
7/15/26	Income	Literature Sales Income	\$79.00	New Port Richey Group #127-130 - personal check
7/22/26	Income	Donations income	\$350.00	Monday Moving Forward Group - ZELLE Cathy Z.
7/29/26	Income	Literature Sales Income	\$56.00	Literature for Lutz Group #127-035

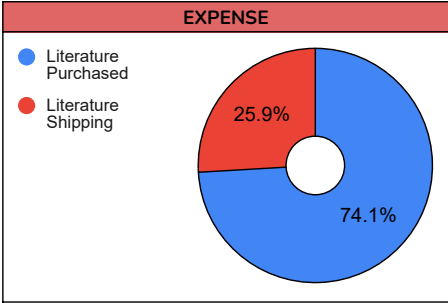
July

Select the Month and Year	
Month:	July
Year:	2026

Income	\$756.26
Expense	\$45.90
Bank Balance	\$2,745.94



INCOME	
Category	Amount
Donations income	\$621.26
Literature Sales Income	\$135.00
Non 7th Tradition (\$228.24)	\$0.00
Outreach Reserve (\$150)	\$0.00
Prudent Reserve (\$600)	\$0.00



EXPENSE	
Category	Amount
Literature Purchased	\$34.00
Literature Shipping	\$11.90
General Expense	\$0.00
Outreach Expense	\$0.00
Donations to WSO	\$0.00
Donations to FL Region	\$0.00
Unbudgeted Expenditures	\$0.00
Non 7th Tradition Expense	\$0.00
Prudent Reserve Expense	\$0.00

Notes to me:
The "available balance" is always calculated as follows:
Cash at the end of the period \$
Less Prudent Reserve -\$600.00
Less outreach Budget -\$150.00
Less Non Seventh Traditions Funds -\$228.24
Less any other budget
Equals the available balance for the donation to region

Donation to FL Region

Income and Expense Overview				Income						Expense							
Start Month:	January																
Start Year:	2026																
OVERVIEW																	
Category	January	February	March	April	May	June	July	August	September	October	November	December	Total	Average			
Income	\$279.75	\$359.30	\$387.50	\$124.00	\$885.75	\$545.00	\$756.26	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$3,337.56	\$278.13			
Expense	\$91.35	\$364.98	\$0.00	\$169.90	\$1,019.21	\$0.00	\$45.90	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,691.34	\$140.95			
Cash Flow	\$188.40	-\$5.68	\$387.50	-\$45.90	-\$133.46	\$545.00	\$710.36	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,646.22	\$137.19			
Cash Flow																	
MONTHLY INCOME BREAKDOWN																	
Category	January	February	March	April	May	June	July	August	September	October	November	December	Total	Average			
Donations income	\$279.75	\$150.00	\$387.50	\$0.00	\$636.00	\$265.00	\$621.26	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$2,339.51	\$194.96			
Literature Sales Income	\$0.00	\$209.30	\$0.00	\$124.00	\$249.75	\$280.00	\$135.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$998.05	\$83.17			
Non 7th Tradition (\$228.24)	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00			
Outreach Reserve (\$150)	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00			
Prudent Reserve (\$600)	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00			
Balance Forward	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00			
MONTHLY EXPENSE BREAKDOWN																	
Category	January	February	March	April	May	June	July	August	September	October	November	December	Total	Average			
Literature Purchased	\$16.20	\$31.00	\$0.00	\$0.00	\$209.00	\$0.00	\$34.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$290.20	\$24.18			
Literature Shipping	\$4.90	\$11.10	\$0.00	\$0.00	\$58.41	\$0.00	\$11.90	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$86.31	\$7.19			
General Expense	\$0.00	\$0.00	\$0.00	\$169.90	\$50.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$219.90	\$18.33			
Outreach Expense	\$70.25	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$70.25	\$5.85			
Donations to WSO	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00			
Donations to FL Region	\$0.00	\$322.88	\$0.00	\$0.00	\$701.80	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,024.68	\$85.39			
Unbudgeted Expenditures	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00			
Non 7th Tradition Expense	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00			
Prudent Reserve Expense	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00			